

Build Excellence in Teams
a professional development series



SUPERSTAR TEAMS SERIES



Metro Technology Centers
Preparing for Life

Downtown Campus

SUPERSTAR TEAMS SERIES

Top-Performing Teams

Top-performing teams are the “holy grail” all organizations seek. They demonstrate the importance of the collaboration, coordination and contribution of people from diverse backgrounds and perspectives. Learn the characteristics of high-functioning teams and how they gain exponentially better results by working together rather than as individuals. Find out how your team stacks up to these top-performers and how to increase your team’s performance.

- Recognize characteristics of top-performing teams
- Learn core components of team functioning
- Debunk myths about what makes the “best” teams

Building Effective Teams

Building a team from the ground up is both exhilarating and frightening. How do you select and engage the right individuals? What needs to happen so people can bring their best? Understand the stages of team formation and learn an effective approach to build cohesion and coordination quickly. Discover best-practices for launching a top-performing team that expands your resources.

- Understand stages of team formation
- Learn an effective approach to quickly build cohesion and coordination
- Determine team “health” using real-world examples

Team Reboot

All teams struggle to maintain a high level of performance. The best teams quickly identify and address issues so they can re-establish their rhythm and move forward. Learn

Learn what makes a highly effective team, how a diverse group of individuals becomes top-performing, and tips to get your work team operating more like the superstars they have the potential to be.



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common pitfalls that threaten team performance and a practical approach to identifying and addressing them. Participants bring real-world team challenges and plan how to address the struggles and gaps the team faces.

- Understand common pitfalls that threaten team performance
- Learn a practical approach to addressing common pitfalls
- Identify gaps in current intact work teams
- Plan how to address work team gaps to increase performance

Conflicts and Teams

Conflict is too often considered bad and indicative of dysfunction. Actually, conflict is natural, unavoidable and necessary. In fact, conflict becomes a towering strength if managed well. Discuss benefits and costs of team conflict, and learn different approaches to effectively manage conflict. Understand when to apply approaches to yield the best outcomes, and determine how to provide support for team members struggling with conflict.

- Discuss benefits and costs of team conflict
- Learn different approaches to managing conflict
- Realize when to apply approaches to yield the best outcome
- Determine how to provide support for team members struggling with conflict

This four-part series focuses on how to bring people with widely different backgrounds, expertise and approaches together to work effectively toward a common purpose and produce amazing results that no individual could have produced alone. Achieving these stellar results comes with notable stresses and strains, as individuals figure out how to coordinate efforts, navigate competing goals, manage different styles and perspectives, and rely on team members to be successful.

Join our Superstar Teams Series to learn how to build excellence in teams.

Registration

While the topics are presented as a series, each is a stand-alone session. Sessions are presented online. Registration is required.

[Register Now](#)



Let us show you the value of training and organizational development from the Downtown Campus. See how our customized solutions can enhance your existing programs.



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